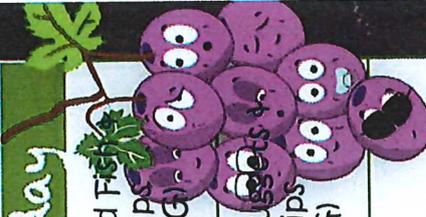


# [WEEKLY MENU] Week 2



Week Commencing: Mon 22nd Apr - Mon 13th May - Mon 10th Jun - Mon 1st Jul - Mon 22nd Jul

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Dish of the Day</b>	Chicken & Tomato Basil Pasta (G, MK)	Chicken Hot Dog (CE, G, SE*, SO*, SU)	Roast Beef & Gravy	Sweet & Sour Chicken (CE)	Battered Fish Chips (F, G)
<b>Vegetarian Dish of the Day</b>	Tomato & Basil Pasta (CE, G)	Quorn Hot Dog (E, G, SE*)	Summer Vegetable Quiche & Nut Free Pesto (E, G, MK)	Sweet & Sour Vegetables (CE)	Vegan Nuts & Chips (G)
<b>Vegetable Choice</b>	Garlic Bread and Green Salad (G, MK)	Homemade Potato Wedges & Sweetcorn	Rustic Roast Potatoes & Seasonal Vegetables	Egg Fried Rice & Stir Fried Greens (E, G, SO)	Beans or Peas
<b>Dessert of the Day</b>	Banana Sponge with Vanilla Sauce (E, G, MK)	Lemon Meringue Pie (E, G)	Classic Jam Sponge & Custard (E, G, MK, SO*)	Apple Traybake (E, G, MK*)	Chocolate Orange Sponge with Chocolate Sauce (E, G, MK, SO)
<b>Jacket Potato Bar</b>	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
<b>Cold Selection</b>	Daily Salad Bar, Homemade Bread (E*, G, MK, SO), Selection of Fresh Fruit, Jelly and Yoghurt				



Allergens:

CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk, MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds  
\* = May Contain

Elmstead Wood Primary School