

[WEEKLY MENU] Week 2



Week Commencing: Mon 22nd Apr - Mon 13th May - Mon 10th Jun - Mon 1st Jul - Mon 22nd Jul

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Chicken & Tomato Basil Pasta (G, MK)	Chicken Hot Dog (CE, G, SE*, SO*, SU)	Roast Beef & Gravy	Sweet & Sour Chicken (CE)	Battered Fish Chips (F, G)
Vegetarian Dish of the Day	Tomato & Basil Pasta (CE, G)	Quorn Hot Dog (E, G, SE*)	Summer Vegetable Quiche & Nut Free Pesto (E, G, MK)	Sweet & Sour Vegetables (CE)	Vegan Nuts & Chips (G)
Vegetable Choice	Garlic Bread and Green Salad (G, MK)	Homemade Potato Wedges & Sweetcorn	Rustic Roast Potatoes & Seasonal Vegetables	Egg Fried Rice & Stir Fried Greens (E, G, SO)	Beans or Peas
Dessert of the Day	Banana Sponge with Vanilla Sauce (E, G, MK)	Lemon Meringue Pie (E, G)	Classic Jam Sponge & Custard (E, G, MK, SO*)	Apple Traybake (E, G, MK*)	Chocolate Orange Sponge with Chocolate Sauce (E, G, MK, SO)
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Daily Salad Bar, Homemade Bread (E*, G, MK, SO), Selection of Fresh Fruit, Jelly and Yoghurt				



Allergens:

CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk, MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds
* = May Contain

Elmstead Wood Primary School