



11th September 2023

Dear Parents,

Swimming Lessons - Willow Class

Elmstead Wood Primary School
Castlecombe Road
Mottingham
London
SE9 4AT

-  020 8857 1504
-  admin@elmsteadwoodprimary.co.uk
-  elmsteadwoodprimary.co.uk
-  020 8857 9172

We are fortunate enough to have booked our swimming lessons at Eltham College this term for all children in Y3 and Y4. One class will go swimming each term, starting with Willow Class this term. Lessons will commence on Monday 18th September. The children will leave school at 1.00pm on Monday afternoons, walk down to the pool and will return by 3.30pm. Children may be collected directly from the pool at about 3:00 pm Please let us know if you would like to do this.

The first session will be an assessment session, whereby the instructors at the pool will look at each child's swimming ability and put them into groups, based on their assessments. For subsequent lessons, the children will swim in their allocated groups.

Please ensure that your child has their swimwear, swimming hat and towel on Mondays and have appropriate clothing, e.g., a coat or jacket to walk down and back in. We also request that the children do not wear jewellery and that long hair is tied back. Please check your child's feet for verrucae. If your child has them, they may still swim but need to wear a protective sock, which may be purchased from chemists. Should your child be unable to go swimming due to illness, please send in a letter informing the school office.

Swimming is part of the National Curriculum and by the end of KS2, the children should be able to swim 25 metres. With only 10 sessions available to us, every session is vital so that children can reach this target. It is important that you encourage your child to swim at other times, for example, at the weekend if at all possible.

Thank you

Yours sincerely,

Mrs R. Haig
Headteacher

Name of child

I give permission for my child to participate in swimming lessons on a Monday afternoon.

Signed.....(parent/guardian)



